



Co-evolution of human capabilities and intelligent technologies



In my talk

What kind of skills and competences are needed for the future?

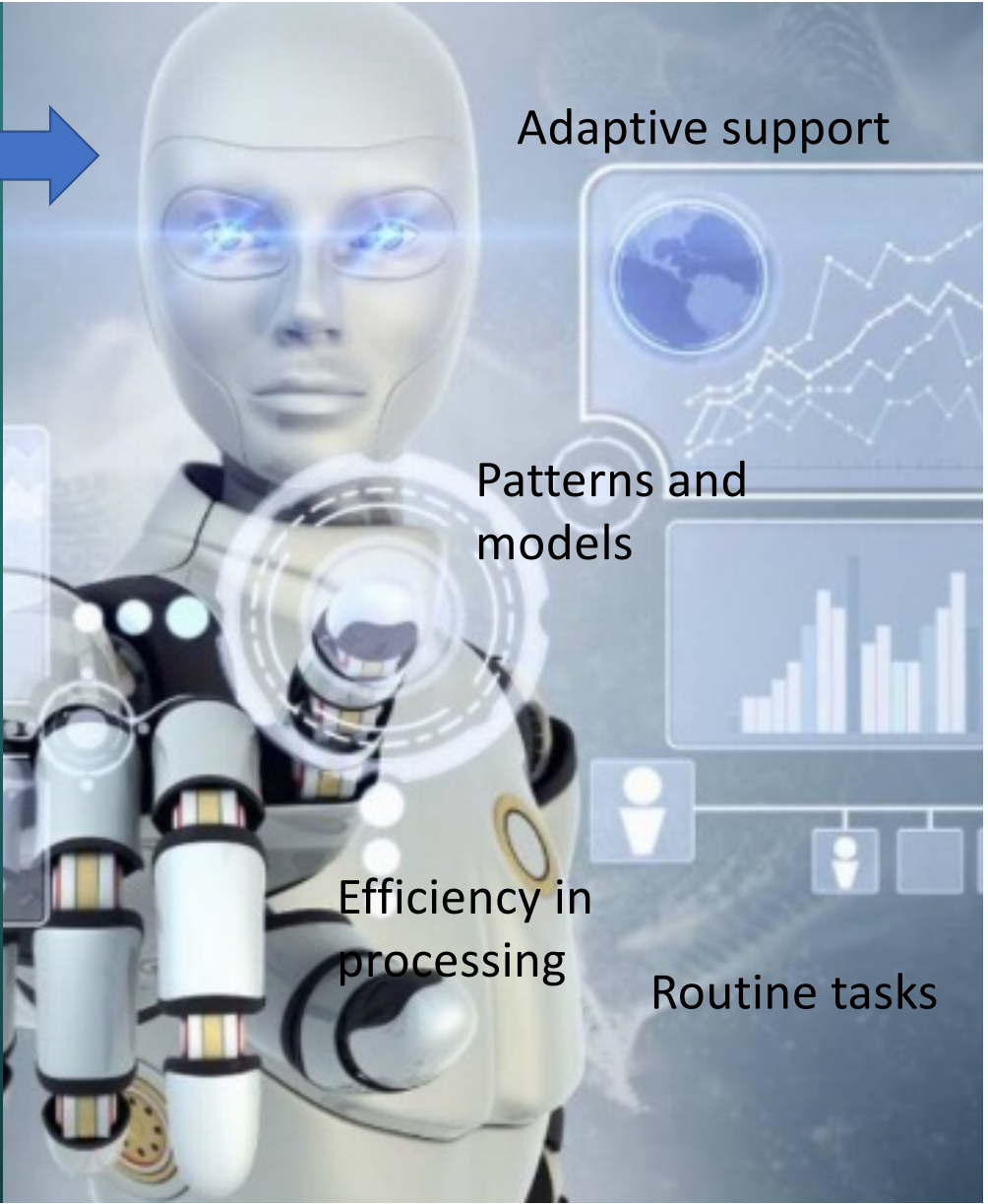
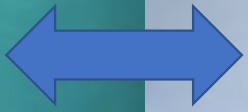
What is important in human learning?

Socially shared regulation in learning

How human sciences can shape digitalization?



Sensitive communication



Adaptive support

Patterns and models

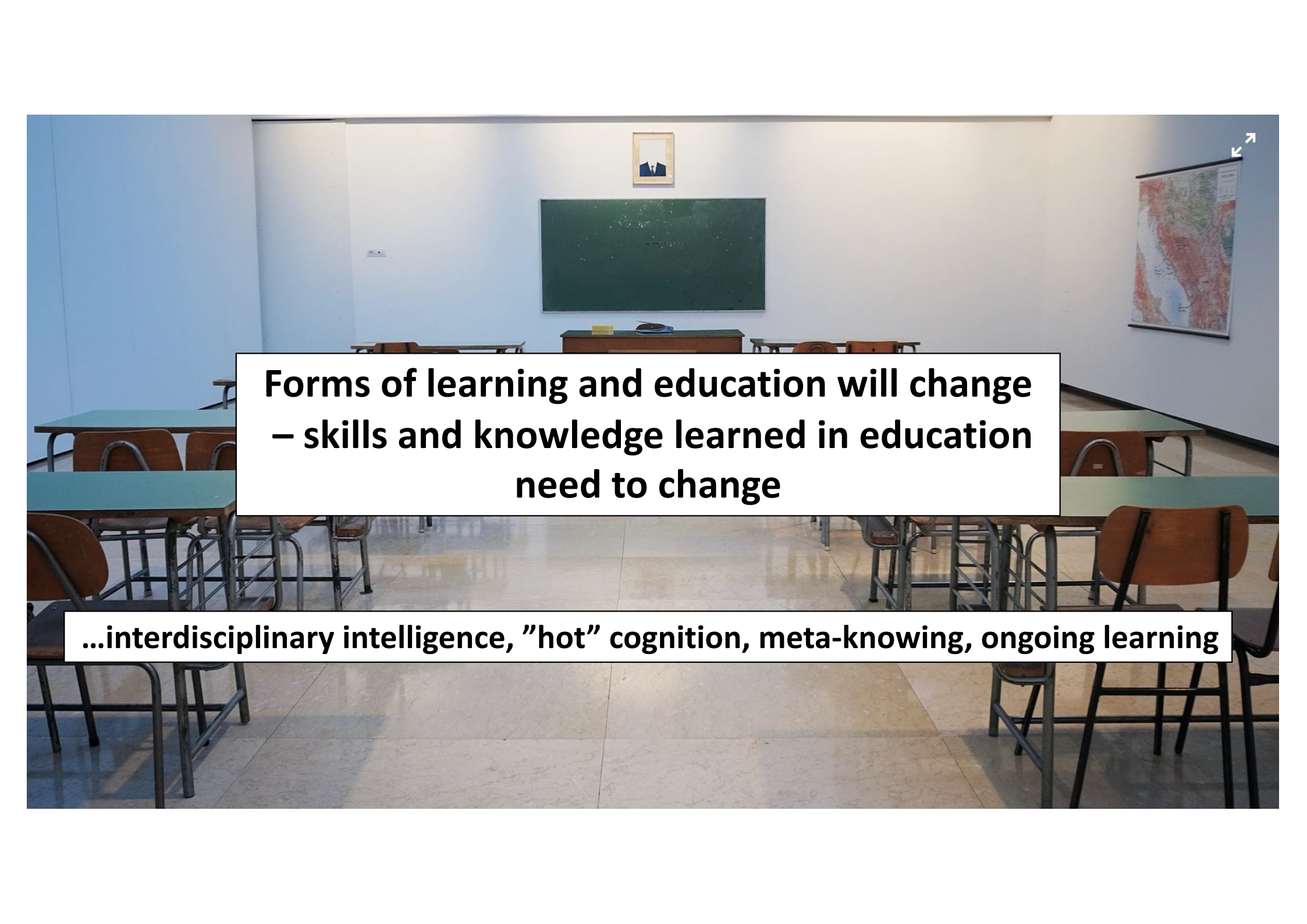
Efficiency in processing

Routine tasks




How and what to educate and train in an uncertain and complex world for a future we can't predict ?

Covid19 is not only health crisis, but
global work and educational crisis,
*deepening the continuous learning
needs* (OECD, 2020).



**Forms of learning and education will change
– skills and knowledge learned in education
need to change**

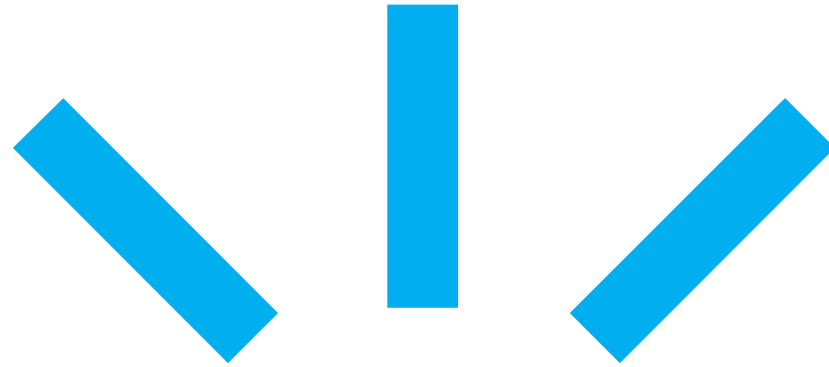
...interdisciplinary intelligence, "hot" cognition, meta-knowing, ongoing learning

An overhead view of four people (three men and one woman) sitting on a colorful, patterned picnic blanket on a grassy lawn. They are gathered around a laptop and a tablet, appearing to be in a collaborative work or study session. One man is pointing at the tablet, while another looks at the laptop. The woman is seen from behind, also looking towards the devices. The scene is set outdoors on a sunny day, with a paved path visible in the background.

What is critical for learning success in 21st century?

- (a) ability to adapt to new situations and challenges and engage in complex problem solving
- (b) social skills necessary for communicating and collaborating productively and proficiently,
- (c) socio-emotional skills and empathy necessary for tackling challenging problems, and
- (d) ability to take initiative set goals and monitor self and others.

A new set of uniquely human skills and competencies that machines cannot match or replicate will be necessary.



What is important in human learning?
SSRL

Learners can monitor and regulate their learning

“experimenting with your learning”



What is self-regulated learning?

(Winne & Hadwin, 1998; Zimmerman 2010; Järvelä, Hadwin, Malmberg & Miller, 2018)

Active and proactive learning

Process of learning to monitor, evaluate, and regulate
(or change) your own

- Thinking
 - Motivation
 - Emotion
 - Behaviour
 - Learning

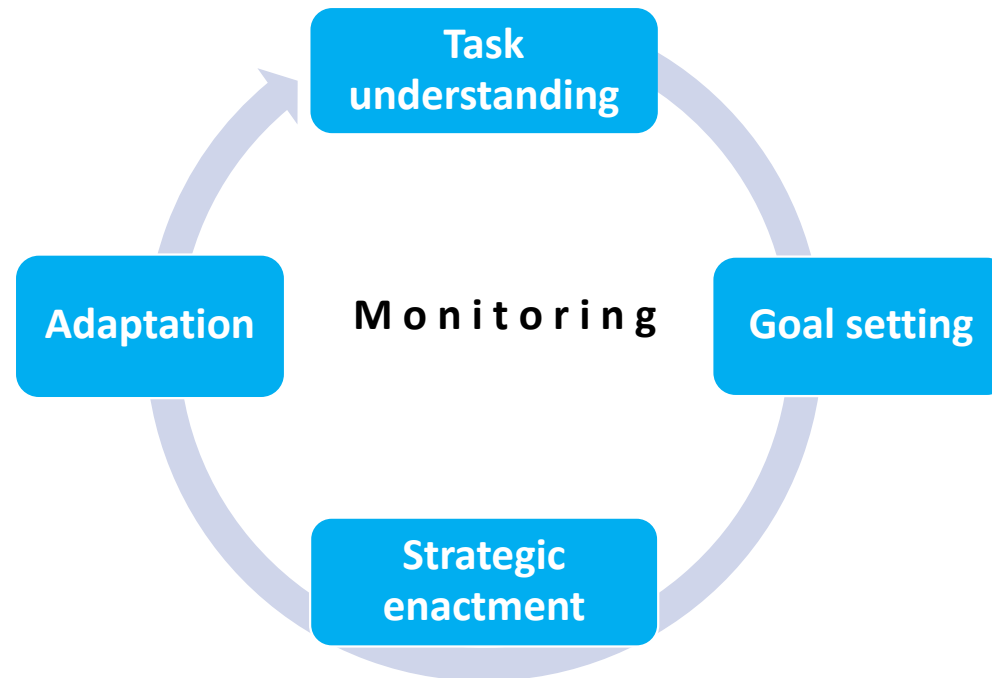
Adaptive process that you develop and refine over time





What is self-regulated learning?

(Winne & Hadwin, 1998; Zimmerman 2002)



SRL is an ability to be **strategic and make adaptive changes** in terms of cognition, motivation and emotions in challenging learning situations

Collaborative learning

An overhead photograph of four individuals (three men and one woman) sitting around a white table, engaged in collaborative learning. The table is covered with numerous colorful sticky notes (pink, yellow, green, orange) and markers. One person is writing on a sticky note, while others are looking at the notes or a laptop. A black bag is on the floor next to one person, and a cup of coffee is on the table. The background is a dark blue carpet.

Collaborative and socioemotional interactions, transactions and knowledge building processes have **temporal and multidimensional** nature which in the optimal cases are successfully **shared** in between the collaborating partners.

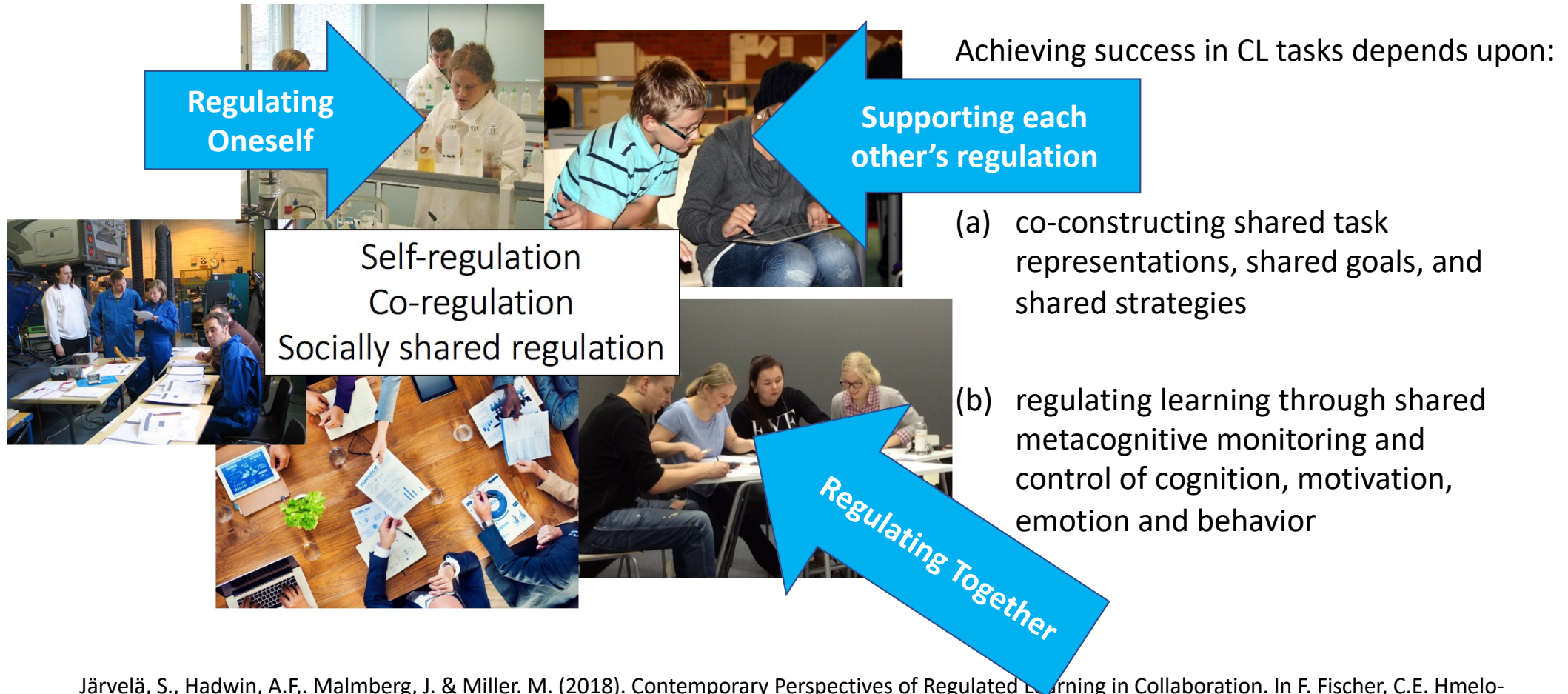
(Kirschner, Sweller, Kirschner & Zambrano, 2018)



Learning is a complex process



Successful collaboration requires



Järvelä, S., Hadwin, A.F., Malmberg, J. & Miller, M. (2018). Contemporary Perspectives of Regulated Learning in Collaboration. In F. Fischer, C.E. Hmelo-Silver, Reimann, P. & S. R. Goldman (Eds.). *Handbook of the Learning Sciences*. Taylor & Francis.



Socially shared regulation (SSRL) involves groups taking metacognitive control of the task together through negotiated, iterative fine-tuning of cognitive, behavioral, motivational, and emotional conditions/states as needed



SSRL is

(a) transactive

multiple individual perspectives contribute to joint metacognitive, cognitive, behavioral, and motivational states

(a) deeply metacognitive

monitoring and evaluation are shared amongst people to drive negotiated adaptation

(a) collectively agentic

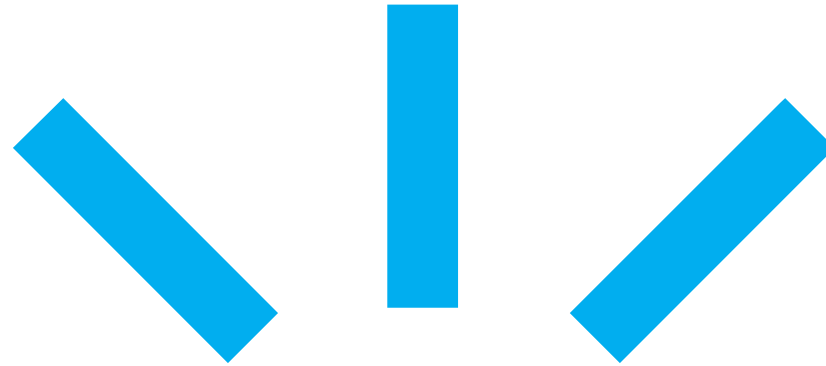
joint goals and standards are intentionally adopted and monitored together

(a) socio-historically and contextually situated

individual and collective beliefs contribute



Hadwin, A. F., Järvelä, S., & Miller, M. (2018). Self-regulation, co-regulation and shared regulation in collaborative learning environments. In D. Schunk, & J. Greene (Eds.), *Handbook of Self-Regulation of Learning and Performance* (2nd ed., pp. 83–106). New York, NY: Routledge.



**How intelligent technologies
can be leveraged to understand SSRL?**



As a learning scientists,
we face serious *methodological challenges* because the learner's
cognition, motivation, and emotion are neither
visible for the researcher to study it, nor for
learners so that they are able to regulate those
processes to learn effectively.

SRL in a digital world - Multimodal data collection

Järvelä, S. & Bannert, M. (2021). Temporal and adaptive processes of regulated learning – What can multimodal data tell? *Learning and Instruction*, 72



360-degree video
capture + audio



Mobile
eye tracking



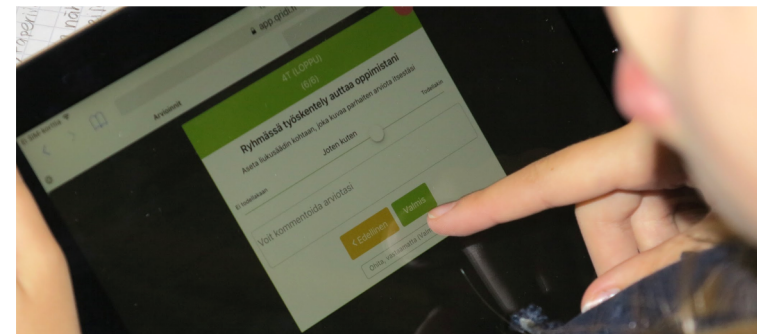
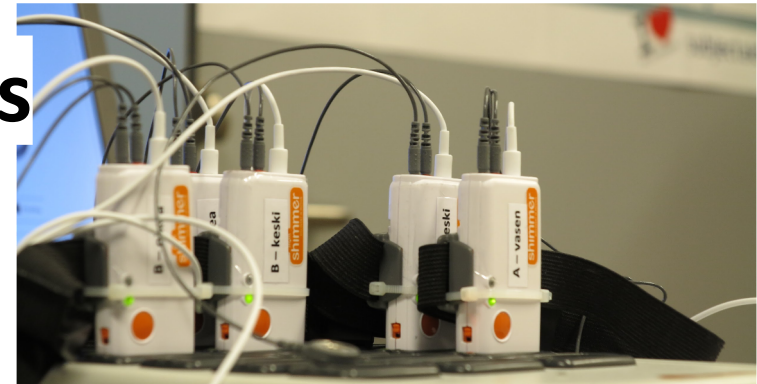
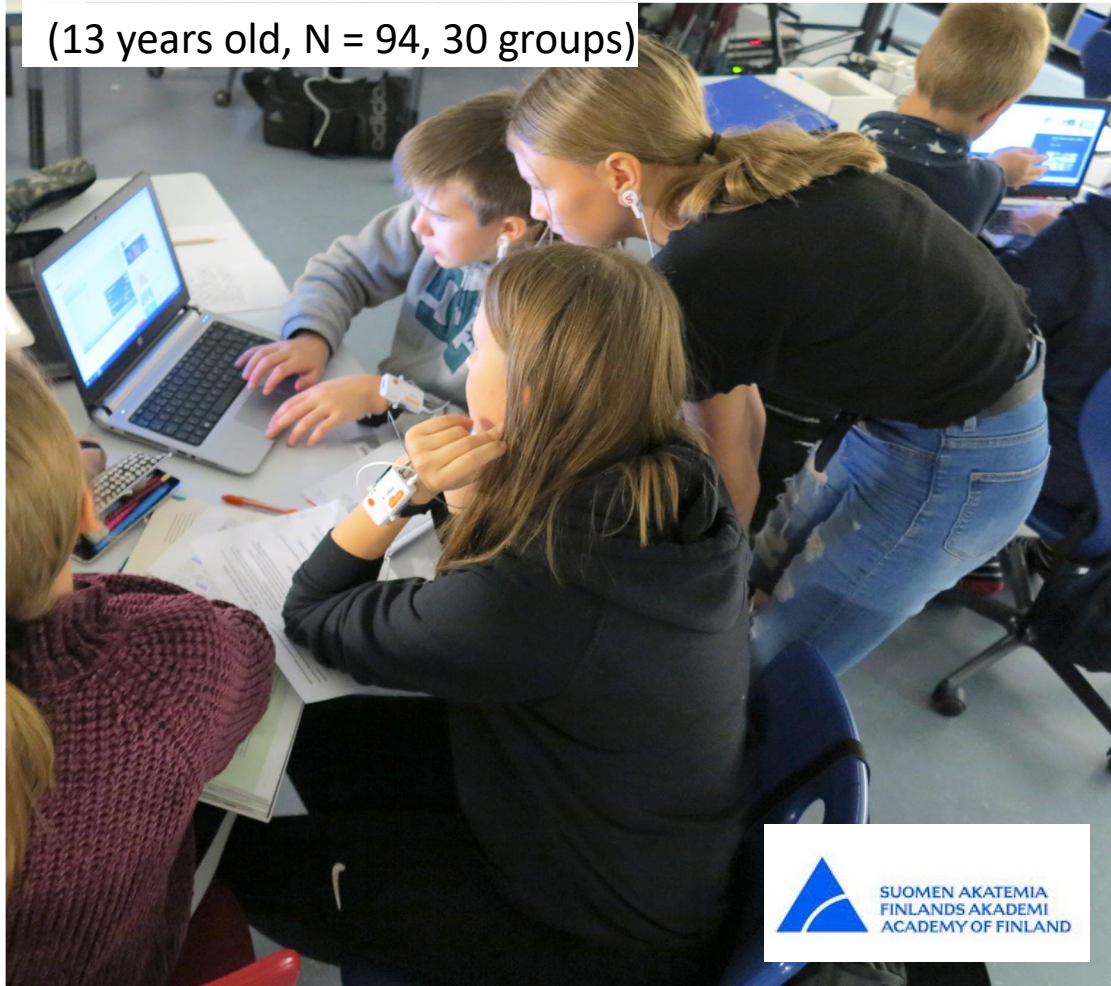
Multisensor devices that
track student
physiological activation



Logdata, situated
questionnaires,
evaluation forms,
student products

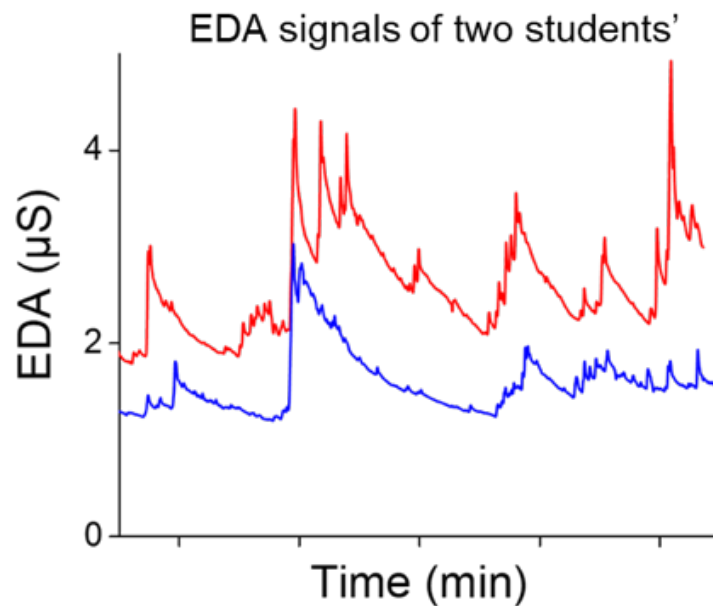
CL in secondary school physics

(13 years old, N = 94, 30 groups)





When students monitor learning together, they tend to synchronize physiologically with each other

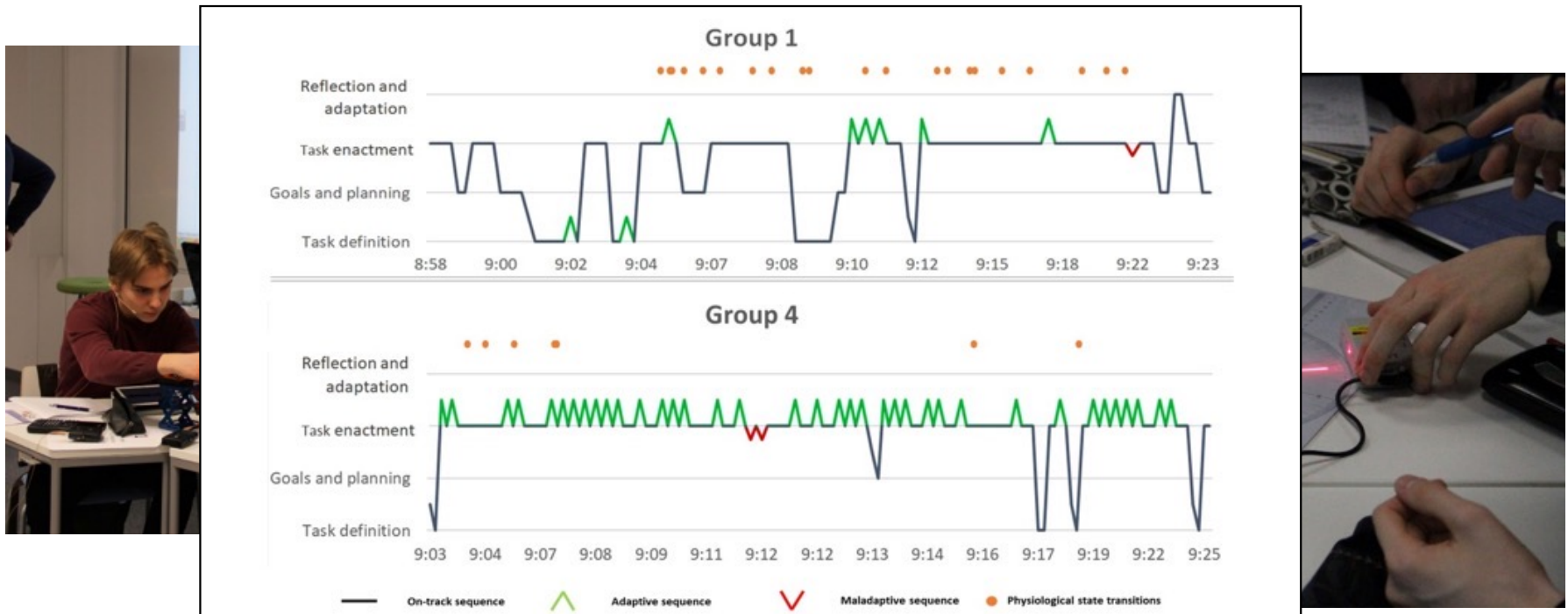


Haataja, E., Malmberg, J., & Järvelä, S. (2018). Monitoring in collaborative learning: Co-occurrence of observed behavior and physiological synchrony explored. *Computers in Human Behavior*, 87, 337–347.



What follows socially shared monitoring?

Physiological state transitions discovered by machine learning methods are more frequent in sessions when groups are on-track and there is a low need for regulation



Sobocinski, M., Malmberg, J., Dindar, M., Järvelä, S., Isosalo, A. & Noponen, K. (2020). How does monitoring set the stage for adaptive or maladaptive behavior in collaborative learning? *Metacognition and Learning*



What do we know about SSRL?

Regulation is a **social phenomena** (Järvenoja et al. 2015), temporal process and can be evidenced in patterns (Azevedo et al. 2016).

It is present **in successful CL** (Järvelä et al., 2016), but rather rare (Malmberg et al., 2017).

All regulation types play a role: **CoRL reifies SRL and SSRL** (Hadwin et al., 2018; Kurki et al., 2019)

Metacognitive **monitoring drives** groups for CL interactions (Haataja et al., 2016) for adaptation and change (Sobocinski et al., 2020).

Challenging events inviting regulation are reflected in **multimodal data** (Järvelä et al., 2019).



**How SSRL can be leverages
to intelligent technologies?**



Innovations



Research-based innovations

We need evidence based innovations in teaching, learning and education.



AI and adaptive systems
help learners to be aware,
but *we want learners to
learn to be adaptive*

Järvelä, S., Malmberg, J., Haataja, E., Sobosincki, M., & Kirschner, P. (2021).
What multimodal data can tell us about the self-regulated learning process?
Learning and Instruction, 72



Theory building for developing
metrics to measure SSRL



Practical support

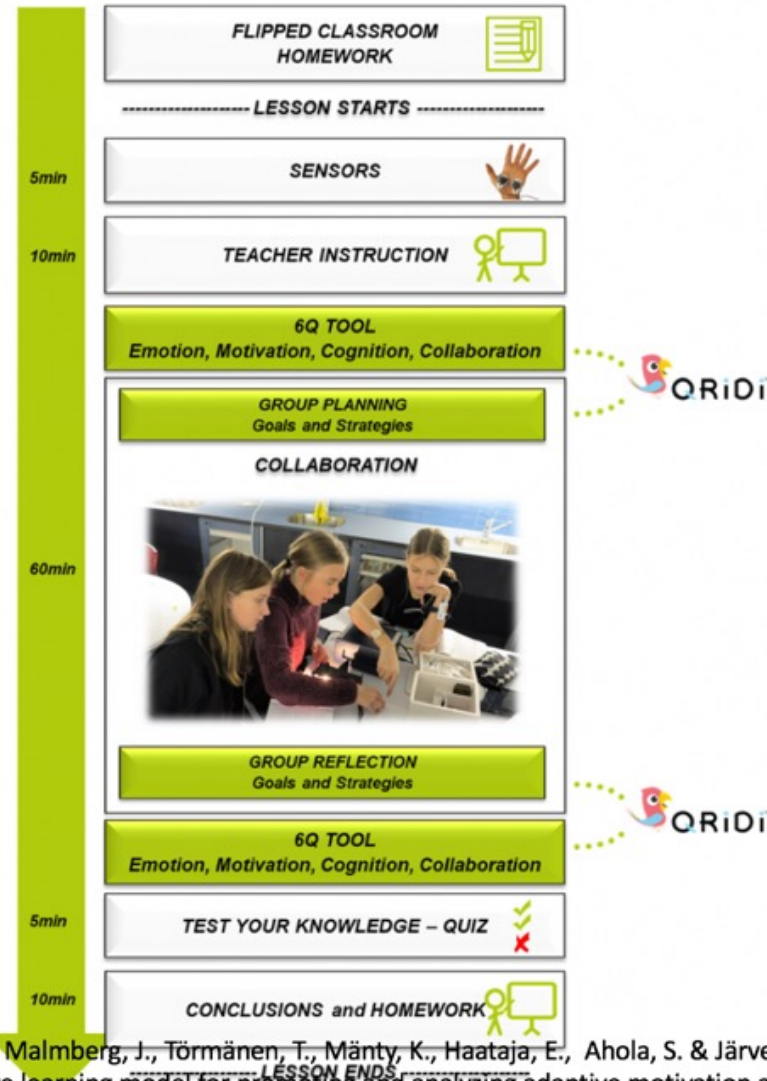
provide learners

Online e
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Järvelä, S., Kirschner, P. A., & Malmberg, J. (2019). Understanding and promoting adaptive motivation and emotion regulation in collaborative learning. *Learning* 11(3), 263-277.

Järvelä, S., Kirschner, P. A., & Malmberg, J. (2019). Socially Shared Regulation in Collaborative Learning and Development, 63, 1, 125-142.



Järvenoja, H., Malmberg, J., Törmänen, T., Mänty, K., Haataja, E., Ahola, S. & Järvelä, S. (2019). A collaborative learning model for promoting and analyzing adaptive motivation and emotion regulation science classroom.





How human sciences can shape digitalization?

A photograph of three people standing in a snowy, wooded landscape. The person on the left is a man with a beard wearing a red cap and sunglasses. The person in the middle is a woman wearing a yellow beanie and a blue jacket, pointing upwards. The person on the right is a woman wearing a grey beanie and a black jacket. Overlaid on the image are various digital graphics: a large green 'GenZ' text, a white profile icon, circular progress indicators showing 75% and 59%, a bar chart, and various UI elements like 'HUD VISUALIZATION', 'UI ELEMENTS', 'BLOCK - 1.0004', and 'A 001' through 'A 004'.

GenZ

**STRENGTHENING
HUMAN CAPABILITIES!**

Generation Z and beyond: Co-evolution of human capabilities and intelligent technologies in the 21st century



How people react to
and use new
technologies?

**How human scientists
can participate co-
evolution of human
capabilities and
intelligent technologies**

GenZ
STRENGTHENING
HUMAN CAPABILITIES!



GenZ

STRENGTHENING HUMAN CAPABILITIES!

Generation Z and beyond:

The generation that has been born after the year 2000 and is familiar with technologies and the use of social media. Beyond: their children and grandchildren

Human skills and capabilities

The skills and capabilities that are natural for human beings and which technologies and machines lack.

Technological transformation

Technologies are becoming more intelligent and ubiquitous (Artificial Intelligence, Virtual / Augmented / Mixed Reality, Internet of Things, Robotics, 5G/6G).



<https://www.youtube.com/watch?reload=9&v=wUvTFEFvABs>



Thank You

@SannaJarvela

@LET_Oulu

www.oulu.fi/let





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